

Karolína Grobarčíková,
Gymnázium, Poštová 9, Košice,
Slovakia

ERASMUS+ PROJECT

SALT OVER GOLD *MYTH OR TRUTH?*



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**Saltworks Museum in the Wieliczka
Salt Mine, Poland.**

Drawing by Alfons Długosz



VALUE OF SALT IN THE PAST

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A TIMELESS INGREDIENT

Salt has been an important and integral **part of the world's history**, used as a part of Egyptian religious offerings or valuable Phoenician trades. Even today, the history of salt touches our daily lives. Salt was highly valued and its production was legally restricted in ancient times. It was historically used as **a method of trade and currency**. The history of salt is unique, leaving its indelible mark in cultures across the globe.

seasalt.com/history-of-salt



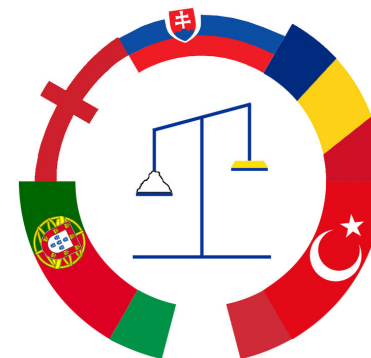
americanrocksalt.com/simple-salt-history

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WAS SALT IMPORTANT FOR THE PEOPLE IN THE PAST?

Salt—called sodium chloride by chemists - has been such an important element of life:

- It served as money at various places.
- It was the cause of bitter warfare.
- Economical importance - trading slaves for salt in ancient Greece.
- A trading commodity carried by explorers.
- A vital part in religious rituals, symbolizing purity.
- The main cause of economic greatness in many European and Asian countries.
- Salt played a prominent role in the European exploration of North America.



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Salt Over Gold - Myth or Truth?